

HIGH-RISK ACTIVITIES

The following activities are classified as high-risk and necessitate prior approval of SPIE.

NO.	PROGRAMME/EVENT	DESCRIPTION/EXAMPLE
1	Camping	Camping involves spending time outdoors, typically in tents or other temporary shelters, away from urban areas.
2	Water Activities	Water activities include swimming, kayaking, canoeing, and other aquatic adventures.
3	Abseiling	Abseiling (also known as rappelling) involves descending a vertical surface (such as a cliff or building) using ropes and safety equipment.
4	Orienteering	Orienteering is a navigational sport where participants use maps and compasses to find specific points in natural terrain.
5	Rock Climbing	Rock climbing involves ascending natural rock formations using hands, feet, and climbing gear.
6	Jungle Trekking	Jungle trekking refers to hiking or walking through dense forests or jungles.
7	Volunteerism and Community Service	<p>Engaging in community service through university programmes that may expose students to unfamiliar environments or potentially dangerous situations.</p> <p>Unfamiliar Environments: <i>Activities that take place in locations where students are not familiar with the local risks, such as natural disaster-prone areas or regions with high crime rates.</i></p> <p>Potentially Dangerous Situations: <i>Situations where there is a significant risk of harm due to the nature of the work or the environment. Example: Participating in a wildlife conservation project in a forest where there are known to be dangerous animals.</i></p>
8	Running and Cycling	Running and Cycling in areas with extreme weather, poor visibility, or road traffic (i.e. Highways, Federal Roads, States Roads or Municipal Roads)
9	Student Events and Festivals	Organizing or participating in large-scale events, concerts, or festivals that require crowd management and safety protocols.
10	Field Research and Expeditions	Field research and expeditions in natural environments or remote areas.
11	Cultural Exchange Programmes	<p>For cultural exchange programmes, activities may be considered high-risk based on the following criteria:</p> <p>Destination Risk Level: <i>Travel to countries with high levels of political unrest, crime rates, or known health epidemics.</i></p> <p>Health and Medical Concerns: <i>Locations with limited access to medical facilities, or where participants may be exposed to diseases not common in their home country.</i></p>

NO.	ACTIVITY TYPE	POTENTIAL HAZARDS	PROPOSED CONTROL MEASURES
1	Camping	Weather conditions, wildlife encounters, fire safety, food storage, and sanitation.	Weather monitoring, wildlife education, fire safety training, secure food storage, and sanitation facilities.
2	Water Activities	Drowning, hypothermia, water quality, and water currents.	Lifeguards on duty, thermal protection, water quality testing, and current warnings.
3	Abseiling	Equipment failure, falling, and rock instability.	Regular equipment checks, safety harnesses, and geological surveys.
4	Orienteering	Getting lost, dehydration, and exposure to harsh weather conditions.	Maps and compasses, hydration stations, and weather monitoring.
5	Rock Climbing	Falling, rock instability, and equipment failure.	Safety harnesses, geological surveys, and regular equipment checks.
6	Jungle Trekking	Wildlife encounters, getting lost, and exposure to harsh weather conditions.	Wildlife education, maps and compasses, and weather monitoring.
7	Volunteerism and Community Service	Working in unfamiliar environments, potentially dangerous situations, and dealing with difficult individuals or groups.	Training for unfamiliar environments, safety protocols, and conflict resolution training.
8	Running and Cycling	Traffic accidents, extreme weather conditions, and poor visibility.	Traffic control, weather monitoring, and high-visibility clothing.
9	Student Events and Festivals	Crowd control, food safety, and emergency evacuation.	Security personnel, food safety training, and evacuation plans.
10	Field Research and Expeditions	Exposure to harsh environments, wildlife encounters, and equipment failure.	Training for harsh environments, wildlife education, and regular equipment checks.
11	Cultural Exchange Programmes	Health and medical concerns, cultural misunderstandings, and safety in high-risk destinations.	Health checks, cultural sensitivity training, and travel advisories.